

KNOXVILLE-KNOX COUNTY
HEAD START/EARLY HEAD START

Annual Report

2010-2011



Administered by Knoxville Knox County Community Action Committee

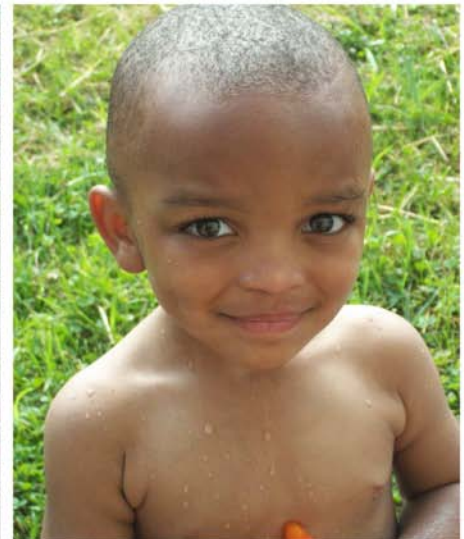
Head Start ...

...is a comprehensive preschool program for low-income children and their families. Early Head Start is an extension of Head Start services for pregnant women, infants, and toddlers. Services to children include activities that encourage and promote growth in the areas of social, emotional, intellectual, and physical development. All children, including those with disabilities and special needs, are included in classroom activities, field trips, outdoor play, and nutritious mealtimes. Good health is fostered through current immunizations and physical examinations, dental examinations and treatment, vision and hearing screening, completion of growth measurements, and follow up for any identified problems. Parents are provided a variety of opportunities to participate in the program and in their child's development, including volunteering, home visits, parent conferences, parent meetings, and employment. Support services for families include social services, mental health services, and transportation as needed.

PURPOSE OF HEAD START

- ❖ To help low-income preschool aged children develop social competence.
- ❖ To assist children in their preparation for school readiness.
- ❖ To provide children with skills to cope with their total environment.
- ❖ To work closely with parents as the *primary educators* of their children.
- ❖ To assist families in developing plans and skills that promote self-sufficiency.
- ❖ To serve as a link between Head Start families and providers in the community.
- ❖ To advocate for Head Start families as needed and to assist families in developing their own advocacy skills.

We served...



...1126 children during the 10-11 school year ~ 23 children under age one, 52 one-year olds, 82 two-year olds, 471 three-year olds, and 498 four-year olds. 897 spoke English in the home, 189 spoke Spanish, 17 spoke Native Central American, South American or Mexican Languages, 15 spoke Middle Eastern or South Asian Languages, 5 spoke East Asian Languages, and 3 spoke European or Slavic Languages. We served 1011 families ~ 373 two-parent families and 638 single-parent families. 589 had one or more parents employed and 687 had a parent with a High School diploma, GED, or higher.

Head Start Services

At Knoxville-Knox County Head Start/Early Head Start, our mission is to advance the physical, mental, economic, and social well-being of children and families through quality, comprehensive services.

Medical

87% (987) of children received medical exams
99% (1118) have medical homes
458 children received the first wave of the FluMist and 357 received the second wave
332 children received lead testing

Dental

37% increase in the number of children with continuous, accessible dental care provided by a dentist (655 in the fall to 1073 by the end of the year)

Nutrition

66,444 Breakfasts were served
177,486 Lunches were served
60,343 Snacks were served

Disability

11% of children had an IEP or IFSP and received on-site services

Education

1059 children received developmental assessments
42% (405) of children transitioned to Kindergarten

Transportation

780 children were transported daily on bus routes
120 transports to medical appointments

Family Outcomes



Of our 1011 families...

924 (91%) established goals using the Family Partnership Agreement. 829 set goals in the area of Family Literacy with 37% making progress toward or achieving their goal – 738 set goals in the area of Parent Engagement with 86% reaching those goals or making progress towards them – 551 set goals in the area of Sufficiency (housing, education, employment, etc.) with 44% making progress or achieving their goals.

676 families participated in Family Services pre and post surveys. Results at the end of the school year indicated that 100% of parents read to their children – 41% take their children to the library (an increase of 11%) – 96% felt that they had made progress on their Family Partnership goals – 53% use the Community Resource Directory to find services.

132 families participated in Nutrition surveys. 60% used HS/EHS menus as a guide to plan healthy meals – 67% made healthy changes regarding food choices and increased physical activity – 70% learned how to encourage children to try new foods.

Families with Mental Health concerns or needs had the opportunity to complete a survey. Of those who completed the survey, 100% said they were comfortable talking to Head Start staff about their concerns. 63% were referred to a Mental Health Agency to discuss their concerns. Of those who received mental health services through an agency, 89% said they felt like the appointment was helpful and made them feel more hopeful regarding their concerns.

Parent Engagement

We believe that parents are the primary educators of their children, and as such, must be involved to the maximum extent possible in the Head Start program.

Parent Activities and Services Included:

Parent Orientation - 100% of families attended orientation sessions and toured their child's center.

Center Parent Committees - 58% of parents participated in one or more Parent Committee meeting.

Policy Council - 22 parents were elected by the parents in their centers to serve on Policy Council. Policy Council met monthly. Parents and Community Representatives worked together in relation to program governance (shared with Grantee Board of Directors), and to provide guidance and support for Head Start Administrative staff.

Self Assessment - 2,454 surveys, checklists and observations were completed by parents to assist with the program's Self Assessment. Some of these included mental health services surveys, classroom observations, curriculum surveys, bus ride checklists, customer satisfaction surveys, menu planning input, and home base surveys.

Volunteering - 1,133 parents and family members contributed 11,061 hours in classrooms, material preparation, training, parent meetings, on field trips, etc., to assist the program in meeting local match requirements for federal funds valued at \$149,323.

6,208 Home Visits/Parent Conferences were conducted by Head Start staff.

-Education - parent input to curriculum, home activities to support developmental goals for each child, parent-planned classroom activities.

-Family Services - identification of family strengths and needs, goal setting to promote family self-sufficiency.

-Health/Dental - involvement of parents in preventive health, medical and dental follow up as identified through Head Start screening.

-Disability - identification and follow up for children with special needs.

-Mental Health - identification and follow up for children and families with mental health needs.



School Readiness Goals

When children leave Head Start, they will be physically healthy.
When children leave Head Start, they will be socially competent.
When children leave Head Start, they will be academically ready.

The purpose of the Head Start program is to promote the school readiness of low income children. Specifically, one of the primary goals of the Knoxville-Knox County Head Start/Early Head Start program is to "bring about a greater degree of social competence (school readiness) in the children we serve by working to enhance their cognitive and intellectual development, their social skills, and their physical and mental health". In short, Head Start is all about getting kids ready for school. To this end the Knoxville-Knox County Head Start/Early Head Start program has developed school readiness goals. These goals are aligned with the Head Start Performance Standards, the Head Start Child Development Early Learning Framework, the Tennessee Early Learning Developmental Standards, and the Common Core Standards adopted by the State of Tennessee for K-12.

Data for measuring progress in meeting School Readiness Goals come from the following screening and assessment instruments:



Learning Accomplishment Profile Diagnostic (LAP-D), Learning Accomplishment Profile (LAP-R), Devereux Early Childhood Assessment (DECA), Alphabet Identification Assessment, Getting Ready to Read Screen, Language Stage Placement for Dual Language Learners, and Speed Dial 3 Screen. Additional data are obtained from: Parent Reports, Teacher Observations, Child Health Records, Hearing and Vision Screenings, Growth Assessment, Blood Pressure Screening and Blood Lead Screening (if needed).

Education Outcomes...

...related to school readiness

When children leave Head Start, they will be physically healthy.

99% were current on immunizations
97% received dental exams

When children leave Head Start, they will be socially competent.

When kindergarten-bound children left Head Start...

99% could follow simple directions**

97% showed appropriate initiative

97% showed appropriate self-control

95% showed appropriate attachment relationships

87% were generally compliant/did not display behavior concerns

When children leave Head Start, they will be academically ready.

When kindergarten-bound children left Head Start...

...In Math

95% knew concepts tall, long, short**

66% knew concept of more**

20% knew concept of less**

84% could count objects to 10

36% counted to 20 without error **

83% could name and sort by color **

100% could match complex patterns

85% could sort items into categories

...In Language/Literacy

93% understood complex and varied vocabulary

65% knew at least 10 letters of the alphabet

22% knew all letters of the alphabet **

**Knox County Schools Kindergarten Target

...In Getting Ready to Read

39% possessed strong literacy skills and were ready to learn how to read and write

33% mastered many of the literacy skills necessary for learning to read and write

15% were making progress and had mastered some of the skills needed to learn to read and write

12% were beginning to develop the skills needed to learn to read & write

2% had few of the skills needed to learn to read and write.

...In Science

61% named causes for events

66% added parts to incomplete person



Dual Language Learners

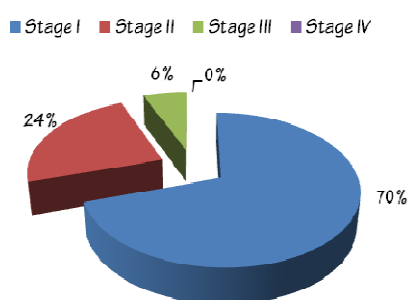
Children whose home language is something other than English are actually learning two languages which is why they are referred to as Dual Language Learners (DLL). The program helps these children to learn the English language which lays the foundation for a successful start as children transition to public school. Because the home language serves as a foundation for learning English, ongoing development of the home language is also essential.

Children who are DLL typically go through several stages of English language acquisition prior to becoming proficient. We assess our children at the beginning of the school year to determine which of the 4 stages of English language acquisition each child falls into. Our goal is to help our children to learn as much English as possible prior to entering school.

This chart represents the progress that our kindergarten-bound DLL children made in learning English during the 2010-2011 school year.

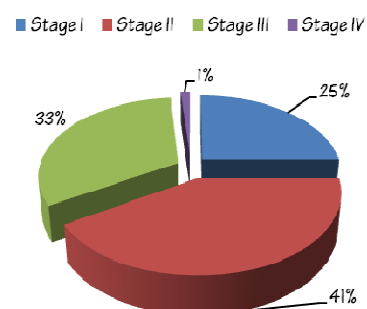
Kindergarten Bound DLL Children

Beginning of the year



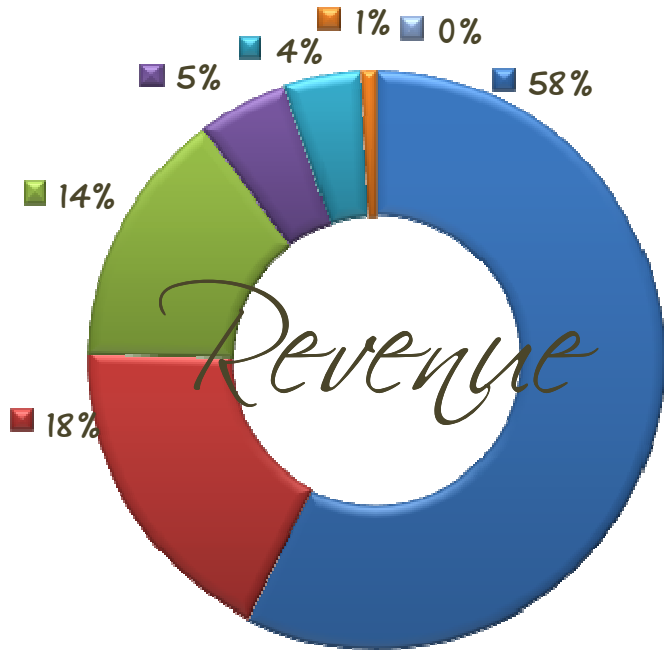
Kindergarten Bound DLL Children

End of the year



At the beginning of the school year, kindergarten bound DLL children on average knew four (4) letters of the alphabet and had few of the skills needed to learn to read and write. By the end of the school year, they could identify an average of 14 letters and had mastered many of the literacy skills necessary for learning how to read and write.

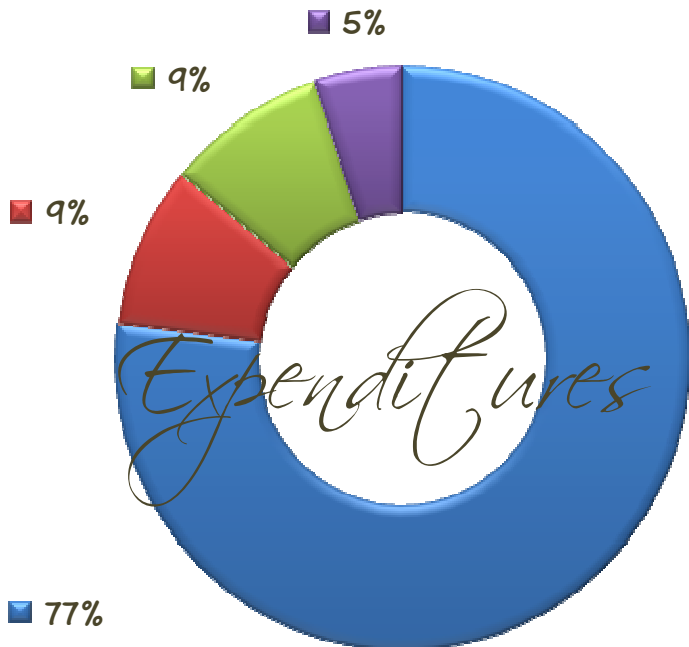
Annual Budget and Expenditures



- Head Start - \$6,653,698
- Local Match - \$2,103,129
- Early Head Start - \$1,662,146
- USDA - \$595,000
- Child Care Certificate - \$495,000
- Training and Technical Assistance - \$96,673
- Parent Child Care Co-Pays* - \$2,065

Total: \$11,627,711

*from Child Care Certificate Program



- Personnel and Related Costs
- Facilities and Operational Costs
- Program Materials, Supplies and Services
- Administrative Costs - Grantee

Head Start Staff

192 people: 155 Child Development and Health Staff, 24 Family Services/Support Staff and 13 Program Design/Management Staff. Leadership included a Registered Dietician, Licensed Clinical Social Worker, Registered Nurse, Certified Playground Inspector and Commercial Driver's License Trainer/Tester. Of the 192 employees, 34 were current or former Head Start parents. Work history verification, reference checks, driving record checks, drug and alcohol tests and criminal records checks are completed on all Head Start staff. 100% of Center Managers have Early Childhood Education or Related Degrees ~ 97% of Teachers have Early Childhood Education or Related Degrees ~ 100% of Teacher Assistants have a Child Development Credential or are in CDA training ~ 100% of teaching staff are certified in Infant, Child and Adult CPR and First Aid ~ 100% of teaching staff have Professional Development Plans ~ 100% of teaching staff have Commercial Driver's Licenses.



Head Start Teachers



The Improving Head Start for School Readiness Act of 2007 mandates that Preschool Teachers have a degree in Early Childhood Education (or the equivalent) in order to be qualified to teach in Head Start.

In 2001

35% of teachers had high school diplomas and CDAs

7% had AAS degrees in ECE

33% had BS degrees in ECE

2% had Pre-K certification

Now

There are NO teachers without degrees.

27% of teachers have AAS degrees in ECE.

66% of teachers have BS degrees in ECE.

30% of teachers currently hold Pre-K certification (with another 20% in process).

Early Head Start Teachers



The Improving Head Start for School Readiness Act of 2007 mandates that Infant/toddler teachers have a minimum of an Infant/Toddler Child Development Associate (CDA) credential in order to teach in an Early Head Start program.

79% have a BS in ECE or related field.
4% have AAS in ECE.
8% have infant/toddler CDA.
8% have BS and are taking courses to related degree.
4% of teachers currently hold Pre-K certification (with another 46% in process).

Program Accomplishments

The outcome of the most recent Federal Monitoring Review, completed in November 2008, indicated that Knoxville-Knox County Head Start is in full compliance with Head Start regulations and has "...a strong leadership team, as evidenced by its innovative and effective program operations." In addition, the review found "...the quality of the classrooms in this program was phenomenal."



Knoxville-Knox County Head Start/Early Head Start is in full compliance with the standards and regulations of the following programs:

**State Childcare Licensing
Child and Adult Food Program
Department of Transportation**

Other Achievements

**Found in full compliance with applicable standards and regulations
-no findings during a 2009 Independent Fiscal Audit**

Head Start Centers

Claxton-West

2400 Piedmont Street
Knoxville, TN 37921
971-5845 phone
546-2705 fax

claxtonheadstart@comcast.net

Anderson-South

4808 Prospect Road
Knoxville TN 3792
573-1846 phone
577-5874 fax

andersonheadstart@comcast.net

Kiwanis-East I

2400 Prosser Road
Knoxville, TN 37914
521-6551 phone
523-4492 fax

east1headstart@comcast.net

Kiwanis-East II

2330 Prosser Road
Knoxville, TN 37914
637-2639 phone
637-6358 fax

east2headstart@comcast.net

North Ridge Crossing

1008 Breda Drive
Knoxville, TN 37918
689-1183 phone
689-1538 fax

northheadstart@comcast.net

L.T. Ross-Central

2247 Western Avenue
Knoxville, TN 37914
637-6244 phone
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